

**Readopt with amendment Acp 601.01 through Acp 601.04, effective 6-27-12 (Document #10158), to read as follows:**

Acp 601.01 Definitions.

(a) “Acupressure” means a non-invasive treatment approach utilizing the same underlying diagnostic model as acupuncture but treating the appropriate points with pressure;

(b) “Amma” means a system of body work therapy which employs a wide variety of massage techniques, manipulations and the application of pressure, friction and touch to points and the channels on which they are located;

**(c) “Auriculotherapy” means ear acupuncture and it applies the principles of acupuncture to specific points on the ear to treat illness, injury, or other health conditions and concerns.**

~~(d)~~**(d)** “Channels” mean the pathways through which energy passes throughout the body;

~~(e)~~**(e)** “Craniosacral therapy” means a treatment approach using gentle massage pressure to rebalance the craniosacral system;

**(f) “Functional Medicine” means a systems biology-based approach that focuses on identifying and treating the root cause illness, injury or other health conditions.**

~~(g)~~**(g)** “Gua sha” means a scraping technique used in oriental medical treatments to disperse stagnation in soft tissue;

**(h) “Integrative Medicine” means and approach that applies multimodal interventions and uses conventional and complementary approaches in a coordinated manner to address a patient’s health concerns.**

~~(i)~~**(i)** “Jin shin do” means a Japanese form of acupressure which is characterized by self-treatment;

~~(j)~~**(j)** “Jin shin jitsu” means a Japanese form of acupressure utilizing a combination of acupressure points called safety energy locks which are held for a minute or more in an effort to harmonize body, mind and spirit;

~~(k)~~**(k)** “Pakua” means an oriental exercise system philosophically based on the Chinese trigrams;

~~(l)~~**(l)** “Points” mean specific places on the energy channels of the body, located anatomically ~~and~~ or by sensitivity to pressure and characterized by lower electrical resistance than the surrounding tissue;

~~(m)~~**(m)** “Polarity therapy” means a holistic therapy that combines bodywork, dietary adjustments, and exercises to restore the balance of the body’s vital energy through correction of the electromagnetic field of the body;

~~(n)~~**(n)** “Qi gong” means an ancient Chinese exercise system that stimulates and balances the flow of vital energy in the channels by regulating posture, mind and breath;

[(+)](o) “Reiki” means a Japanese energy therapy that uses energy transmission to balance the biofield that surrounds the human body;

**(p) “Review of Systems” or “General system review” means an inventory of the body systems that is obtained through a series of questions in order to identify signs or symptoms which the patient may be experiencing.**

[(+)](q) “Shiatsu” means a Japanese acupressure technique which restores a balanced flow of energy within the channels of the body by application of rhythmic pressure on specific points using the fingers, hands, elbows, knees, and feet.

[(+)](r) “Sotai” means a Japanese therapeutic exercise system devised by Keizo Hashimoto based on the perception that a distortion in a person’s center of gravity or polar axis leads to disorders and disease;

[(+)](s) “T’ai chi” means a Chinese system of exercise consisting of slow, controlled, and fluid movements through a series of specific postures to circulate the vital energy of the body;

[(+)](t) “Therapeutic touch” means an energetic therapy developed by Dolores Krieger, RN, that employs a laying-on-of-hands technique based on [~~oriental~~] **asian** theories of energy flow;

[(+)](u) “Tuina” means a form of [~~oriental~~] **asian** bodywork that utilizes acupuncture point pressure as well as a variety of rubbing, circling and manipulation techniques to disperse blockages in or generate energy into various channels; and

[(+)](v) “Zero Balancing” means a touch technique for aligning the body’s energy and musculoskeletal system developed by Fritz Smith, osteopath and acupuncturist.

Acp 601.02 Duty of Licensees Regarding Scope of Practice. Each licensee shall practice only within the scope of his or her training, expertise, and capability.

Acp 601.03 The Scope of Practice of Licensed Acupuncturists. Pursuant to RSA328-G:10, I and II, the scope of practice of licensed acupuncturists shall include but is not to be limited to the following services:

(a) Acupuncture and related techniques, including:

(1) Percutaneous techniques, such as:

- a. The temporary stimulation of acupuncture points by means of conventional acupuncture needles;
- b. Insertion and retention, for days or weeks, of intradermal needles or press tacks in acupuncture points;
- c. Traditional therapeutic bleeding; and
- d. Ion cord or by-pass cord therapy linking acupuncture needles with wires; and

(2) Transcutaneous acupuncture techniques, such as:

- a. Non-penetrating surface stimulation with needles or related surface stimulation devices;
  - b. Surface stimulation with magnets, rhythmic tapping devices, pieces of metal, or seeds; and
  - c. Cupping, the application of suction devices on the skin;
- (b) Moxibustion and other treatments using heat, light, color, sound, electromagnetism, and herbs, such as:
- (1) Burning of herbs on or near the skin;
  - (2) Warming with an electrical or non-electrical heating device held near the skin;
  - (3) Herbal poultices or compresses;
  - (4) Infrared therapy;
  - (5) Electromagnetic therapies;
  - (6) Ultraviolet therapy;
  - (7) Ultrasound therapy;
  - (8) Low energy laser acupuncture utilizing non-surgical lasers classified as class III b by the FDA; and
  - (9) Hot and cold packs;
- (c) Electroacupuncture, with or without needles, for detection of acupuncture points, diagnosis of energetic imbalances, or treatment with devices such as:
- (1) Transcutaneous electrical nerve stimulation (TENS) units, Piezo quartz devices, and other similar electro-stimulation units;
  - (2) Pointer, Ito, AWQ and other similar electroacupuncture point detection and treatment units;
  - (3) Ryodo-Raku meters and other similar diagnostic and treatment devices;
  - (4) Vega machines and other similar diagnostic systems; and
  - (5) Ion pumping cords, triple by-pass cords, Pachi Pachi Pana sparkers and other similar electronic, treatment-enhancing devices;
- (d) Body work, including massage and oriental manipulation of skeletal and soft tissue for the correction of blockages of energy in the acupuncture channels and the surrounding tissue, such as:
- (1) Tuina;
  - (2) Shiatsu;

- (3) Acupressure;
  - (4) Amma;
  - (5) Gua sha;
  - (6) Jin shin jitsu;
  - (7) Jin shin do;
  - (8) Polarity therapy;
  - (9) Reiki;
  - (10) Therapeutic touch;
  - (11) Zero Balancing; and
  - (12) Craniosacral therapies;
- (e) Diagnostic and physical examination procedures, such as:
- (1) Muscle testing;
  - (2) Body palpation; [~~and~~]
  - (3) Pulse palpation;
  - (4) Tongue assessment;**
  - (5) Review of laboratory testing;**
  - (6) Review of diagnostic imaging; and**
  - (5) Review of systems;**
- (f) Therapeutic exercise, martial arts, and breathing techniques, such as:
- (1) Qi gong;
  - (2) T'ai chi;
  - (3) Pakua; and
  - (4) Sotai;
- (g) Dietary counseling including the therapeutic use of food and supplements;
- (h) The prescribing of herbs, [~~oriental~~] **asian** patent medicines, and homeopathically prepared substances;

- (i) Stress reduction through such methods as meditation and relaxation techniques; and
- (j) Life style counseling towards achieving physical, mental, emotional and spiritual balance in daily life.

Acp 601.04 Relative to Non-Surgical Laser Use. Each licensee shall comply with all FDA regulations and requirements in the use of low energy, non-surgical lasers.

**APPENDIX I**

<b>RULE</b>	<b>SPECIFIC STATE STATUTE THE RULE IMPLEMENTS</b>
Acp 601.01	RSA 328-G:7, II and RSA 541-A:7
Acp 601.02	RSA 328-G:1, II; RSA 328-G:7, II and RSA 328-G:10, I & II
Acp 601.03	RSA 328-G:2, I & VIII and RSA 328-G:7, II; 328-G:10
Acp 601.04	RSA 328-G:10, I & II and RSA 328-G:11, I(a)